



The Record

Avoid The Rush: Track Tax Refunds Using The 'Where's My Refund?' Tool At IRS.Gov

WASHINGTON — Offering time-saving alternatives to a telephone call, the Internal Revenue Service reminds taxpayers they can get fast answers to their refund questions by using the "Where's My Refund?" tool available on IRS.gov and through the IRS2Go app.

The IRS issues nine out of 10 refunds in less than 21 days, and the fastest way to get a refund is to file electronically and choose direct deposit. The time around Presidents Day is a peak period for telephone calls to the IRS, resulting in longer than normal hold times for callers.

The question most frequently asked this time of year is, "Where's my refund?". The IRS reminds taxpayers that IRS customer service representatives can only research a refund's status if it has been 21 days or more since the taxpayer filed electronically or six weeks since they mailed a paper return.

Taxpayers can avoid the Presidents Day rush and get a personalized answer by using the "Where's My Refund?" tool. All that is needed is the taxpayer's Social Security number, tax filing status (single, married, head of house-

hold) and exact amount of the tax refund claimed on the return. Alternatively, taxpayers may call 800-829-1954 for the automated phone line, which provides the same information.

Within 24 hours of filing a return electronically, the tool can tell taxpayers that their returns have been received. That time extends to four weeks if a paper return is mailed to the IRS, which is another reason to file electronically and choose direct deposit.

Once the tax return is processed, "Where's My Refund?" will tell a taxpayer when their refund is approved and provide a date when they can expect to receive it. "Where's My Refund?" is updated no more than once every 24 hours, usually overnight, so taxpayers don't need to check the status more often.

Refunds held for certain returns

As a reminder, by law, the IRS cannot release refunds for Earned Income Tax Credit or Additional Child Tax Credit tax returns before mid-February. "Where's My Refund?" on IRS.gov and the IRS2Go app will be updated with projected deposit dates for most early Earned Income

Tax Credit/Additional Child Tax Credit refund filers by Feb. 22.

The IRS expects most EITC/ACTC related refunds to be available in taxpayer bank accounts or on debit cards by the first week of March, if they chose direct deposit and there are no other issues with their tax return. Taxpayers should check the "Where's My Refund?" tool for their personalized refund date.

Please note: Ordering a tax transcript will not speed delivery of tax refunds nor does the posting of a tax transcript to a taxpayer's account determine the timing of refund delivery. Calls to request transcripts for this purpose are unnecessary.

While the IRS still expects to issue more than nine out of 10 refunds in less than 21 days, it's possible a particular tax return may require additional review and a refund could take longer. Many different factors can affect the timing of a refund. And, remember to take into consideration that many banks do not process payments on weekends or holidays, and it can take time for a financial institution to post the refund to a taxpayer's account or to receive it by mail.

Overland Park Native Serves with "The First and Finest" Helicopter Squadron

By Megan Brown, Navy Office of Community Outreach
Photo by Mass Communication Specialist 1st Class Tim Miller

SAN DIEGO — As a member of the oldest Maritime Strike Squadron helicopter squadron, Lt. J.G. Evan Key is a part of a Naval legacy. Key is a pilot who flies helicopters off of Navy ships. He is currently serving with Helicopter Maritime Strike Squadron (HSM) 71, which supports the aircraft carrier USS John C. Stennis.

"My favorite part about the job is the flying," said Key. "I grew up going to air shows with my dad and I have always wanted to do it."

Key is a 2011 Blue Valley Northwest High School graduate and native of Overland Park, Kansas. He also graduated from Kansas University in 2016.

According to Key, the values required to succeed in the Navy are similar to those found in Overland Park.

"Overland Park set me up and taught me all the tools I needed in college to be successful," said Key. "Things such as time management, being responsible, adaptability and having goals that you make sure you follow through with."

With more than 90 percent of all trade traveling by sea, and 95 percent of the world's international phone and internet traffic carried through fiber optic cables lying on the ocean floor, Navy officials continue to emphasize that the prosperity and security of the United States is directly linked to a strong and ready Navy.

Sailors assigned to HSM-71 are a part of history, flying with "Romeo" helicopters, the newest and most advanced in the fleet. Helicopters are equipped with the ability to conduct replenishments at sea, search and rescue missions and support operations.

The members of HSM-71 achieve excellence in military performance and create an example for other squadrons to follow through operational readiness, innovation and weapon development.

HSM-71 sailors play a critical role in supporting the Navy's aircraft carriers. Aircraft carriers and carrier strike groups remain the centerpiece of our nation's security strategy, supporting and protecting America's national interests around the world. Carrier strike groups operate across the entire spectrum of military operations, according to Navy officials.

According to Admiral Mike Gilday, the Chief of Naval Operations, the focus of today's Navy is squarely on warfighting, warfighters and the capabilities needed for the Navy of the future.

"I am confident we will maximize the Navy we have today while delivering the Navy that our nation will rely upon tomorrow," said Gilday. "And we will do so with urgency. Our fleet will be a potent, formidable force that competes around the world every day, deterring those who would challenge us while reassuring our allies and partners."

There are many opportunities for sailors to earn recognition in their command, community and careers. However, Key is most proud of earning his designation as a Navy pilot.

"I am most proud of earning my gold wings," said Key. "It has been a thing I have worked for since a kid and it is the first milestone in my Navy aviation career."

For Key, serving in the Navy is a tradition passed down from generations and one Key hope to continue.

"Both of my grandfathers and several aunts and uncles have served," said Key. "It means a lot to carry on that tradition. My dad always wanted to serve but he was not physically eligible because he hurt himself playing sports in high school and college. It is nice carrying the torch for him."

As a member of the U.S. Navy, Key, as well as other sailors, know they are a part of a service tradition providing unforgettable experiences through leadership development, world affairs and humanitarian assistance. Their efforts will have a lasting effect around the globe and for generations of sailors who will follow.

"Serving in the Navy is a chance to continue family tradition and give back as well," said Key. "It is also a dream job because I get to fly most days, and it doesn't even feel like work most of the time."

Sue's Soapbox

By: Sue Reich



It was good to see our Mayor Alvey in the Super Bowl parade with other dignitaries of our communities. Wish I could have been in it but, ---"I wasn't invited." Just kidding. Glad that we are able to share our super sports teams such as the Chiefs, Royals and Jayhawks, with our neighboring city/state. Really enjoyed that game. At first, when the Chiefs were down, I got up and went upstairs to keep busy in the kitchen. I have the front room TV on so I could at least listen and man when I heard that hoopla, I had to skedaddle downstairs with Mr. Ed so I could watch the ending.

I went outside Thursday night to take out the trash for Deffenbaugh and it was beginning to get a bit dark. An odd shape silver thing was in the sky and I stood there and looked at it and wondering what the heck it was. No stars were out and at first, I thought it was an airplane but that darn thing didn't move. I stood there quite a while. Oh, oh. Was it one of those spy thingys or what? Too big for a star anyway and the moon was the other direction. I hollered at Mr. Ed and he thought I was hurt or something. He didn't seem too concerned but I stayed out for a bit while. What in tarnation was it? Did anyone else see it? Let me know if you did. About 60 years ago my family and I saw a formation of something in the daytime. They hovered over all over in a vee form then, ZIP. Gone.

Mr. Ed hasn't been feeling too good lately. Lost a bunch of weight and looks like a skeleton. When we find out I will let everybody know, good or bad. His appetite comes and goes. He has gone through some tests and we do know he has an aneurism in his stomach and that will probably require some surgery soon.

Hear Ye, Hear Ye: We had our first meeting for the AHS all school reunion that is coming in June. June 13th to be exact. Now don't get excited, but you know how a lot of things are going up in our dear country. This year, the ticket price is up to \$25.00 per person. Don't shoot the messenger, that's the way it goes. This year will be classes, 1940-1970. It will be at the National Guard Armory as it has been the last couple of years. Wheelchair accessible, smoke free, alcohol free, (that doesn't mean they will have free smokes and alcohol) it means NO smokes or alcohol. It is inside and will be air conditioned and is on one level. Bill Richey has retired, and Phil Smith is the new band leader. So, folks, out with the old and in with the new. He will take care of the equipment also. There are other changes but will catch you up on those later.

Well sweet people, ladies and gents, guess I will sign off and get sent to the big guy. Gotta hit the ol' hay and get my beauty sleep. Lord knows I need it. lol. Mind your p's and q's, K? from your ol' Argentine gal, Ivya all. Sue. "Once in a while you will find a friend who will be a friend forever". *At the Heart of Friendship.*

Short Stories

By: Sue Reich

Hi, my name is Donna. It was supposed to be Donald. Dad wanted a boy, but they were going to have a girl. So here I am in an abortion clinic. Ready to give up my life. I'm not really ready, but it is my parent's decision. When I became an adult, I was to discover the cure for cancer.

Hello, my name is Elizabeth. I am in a waiting room in my mommy's tummy. Wish I could tell her that I was going to be the first female President of the United States of America. But I was an unplanned pregnancy. I had great plans for my life. But their decision will cut my life short. I was going to do great wonders for our country.

My name is Carl. Or that was my name, I should say. I was destined to be born. Want to know why? I have the solution to stop gun violence. It has really gotten out of hand. But now that mom and dad have enough kids, I

wasn't wanted. So, their loss and the loss of many more babies, teenagers, and others, because I am being aborted.

Hi there, I haven't been named yet, because I am

unwanted. First timer as they call me. Yes, a woman can get pregnant if it was her first time. So here we are. I was going to be a scientist, even though they don't know

it. But I do know that I was going to find the cure for mental illness. Too bad her mom couldn't talk her out of this, but she didn't even tell her mom that she was pregnant.

Charlotte Davis Inducted to Hall of Fame

By: Sue Reich/Info: Cindy Lane

Charlotte Davis, a trailblazer and mentor for all, was inducted into the Kansas State Association Hall of Fame. She is a top-notch real estate agent and wants to provide professional service, marketing skill and experience to give her customers confidence. She wants to provide high quality services. Her company is Move Home Realty. Congratulations Charlotte, you deserve that award.

Things were happening at the TRC Valentine Dance. What a wonderful night for daddy's and their daughters.

Crosslines Valentine Celebration

By: Sue Reich

A wonderful couple at Crosslines in Argentine were chosen at the King and Queen of their Valentine Celebration. They are, Lue Cameron and Ross Antill. It was held on Sunday, the 16th of this month. The gala affair started at six p.m. Congratulations to King Ross and Queen Lue.



A cute little dance by the Valentine girls and their daddy dates.



This is the new front of the entrance of J.C. Harmon. Everyone had to go in the back. Now the front is in use with more security. Gary Washington is still working the front of the school.

Tom's Tasty Treats

By: Tom Valverde

You can never go wrong with a favorite bar treat! This week's tasty treat is just that, and in time for the next time you need to take to a friend, or over to a person living alone. This treat will let them know that someone is thinking of them, and cares enough to bake them a delicious treat to enjoy! And these are going with coffee, and even better with a cold glass of milk. Best of all, they're made in a snap, and are made with everyday pantry staples. My dear friend, JoAnn gave me this recipe, years ago. She would bake them for her family, and would bring a plate in to Halls, on the days she worked with me. I know you all will love:

JoAnn's Blondies

Ingredients

- 2 sticks Butter, room temperature
- 1 c Brown Sugar
- 1/2 c Sugar
- 2 lg. Eggs, room temperature
- 2 t Vanilla
- 2 c Flour, place flour in measuring cup by spooning and leveling.
- 1 t Baking Powder
- 1/4 t Baking Soda

1 1/4 c Pecans

1 1/4 c Butterscotch chips

Directions

Set oven to 350°. Butter and flour a 9x13" pan.

Toast the pecans, by placing on a cookie sheet, and baking at 350°, for 4 or 5 minutes. Halfway, turn the sheet around in the oven. Keep a close eye on them, you don't want to let them scorch.

In a bowl of a mixer, cream the butter and the sugars. Beat on medium speed for 3 minutes. Beat in the eggs and also the vanilla. Scrape the bowl as necessary.

In another bowl, combine and whisk the flour, baking powder, soda, and salt. Set mixer speed to low, and add half of the flour mixture, and then the other half. Beat just until the flour is incorporated. Add the pecans and the but-

terscotch chips, and fold in by hand. Pour the batter into the pan and spread evenly.

If desired, sprinkle the batter with some brown sugar or some chopped

Pecans. Bake for 25 to 30 minutes.

Cool completely, cut into bars, and store at room temperature for up to 3 days in an air-tight container. The blondies may be kept, chilled for 5 days.

Variations

Just for adults, add a tablespoon of dark rum. Trade out the butterscotch chips with dark or semi-sweet chocolate chips. For company, serve warmed, just a few seconds in the microwave, and top with a scoop of vanilla ice cream. An extraordinary treat and one so fast and easy to prepare. Enjoy!

Metropolitan Avenue Food Pantry

United Methodist Church

3730 Metropolitan Ave,

**Open Tuesday,
9 am to Noon**

*For information
call 816-805-0150*

CROSS-LINES RETIREMENT CENTER, Inc.

NOW ACCEPTING APPLICATIONS

UNDER NEW MANAGEMENT

ALL UTILITIES PROVIDED

SEVERAL FLOORPLANS TO CHOOSE FROM

Huge Master Suites Available

- 2 Bathrooms — 1 walk-in shower and 1 shower/tub combo
- Extremely Large bedroom

\$580 per month (effective June 1, 2019)

1 Bedroom Units Available

- Laundry rooms available on-site
- Huge Parking Lots
- Doctors near by
- Banks nearby
- Exercise Room
- Craft Room
- Library Next Door

\$443 per month (effective June 1, 2019)

Studios Available at \$377 (effective June 1, 2019)

Call for an appointment to tour the property today!!

Cross-Lines Retirement Center, Inc.

3030/3100 Powell Ave.

Kansas City, Kansas 66106

913-789-0855

Xlines3030@gmail.com

Young Management Corporation and this Property do not discriminate on the basis of disability status in the admission or access to, or treatment or employment in, its federally assisted programs and activities.

The person named below has been designated to coordinate compliance with the nondiscrimination requirements contained in the Department of Housing and Urban Development's regulations implementing Section 504 (24 CFR, part 8 dated June 2, 1988).

**Linda I. Kemp, Property Supervisor
Young Management Corporation**

**22602 State Line Road
Bucyrus, KS 66013**

913-947-3131 - 913-341-2428 (direct) TTY:711

The Record Publications

(913) 362-1988

Publishers of The Record
and The Companion

Jon A. Males
Owner/Publisher/Editor

Policy On Opinion

All statements of implication or opinions contained in editorial, columnist, or advertising materials in this publication represent only the view of the author or advertiser.

The Record (USPS No. 002269) is published weekly every Thursday by The Record Publications at PO Box 6197, Kansas City, Kansas 66106. Newsstand price, single copy, 35 cents; subscription price per year, \$16.13. For editorial, display, and classified advertising information call 362-1988. Periodical postage paid at Kansas City, Kansas 66110. Postmaster: Send address changes to The Record, 3414 Strong Ave., P.O. Box 6197, Kansas City, Kansas 66110.

© 2018 by The Record Publications, LLC. Kansas City, Kansas. All rights reserved. No part of this publication may be reproduced in any form or by any means without expressed written consent from the publisher.



OUR LOW INTRODUCTORY RATE

for your home
equity line of credit

3.99% APR*

*Fixed APR for 6 months

*APR=Annual Percentage Rate. The 3.99% APR is guaranteed for six months at the time of closing and is variable thereafter. 5.00% APR is the standard minimum for Argentine Federal Savings home equity lines of credit. After the initial 6 month offer period, pricing will be the greater of the Wall Street Journal Prime Rate or 5.00% APR. The maximum APR that can be imposed is 18%. Subject to credit approval. Homeowners' property insurance is required. Flood insurance may be required. The proposed credit line together with any other mortgage(s) cannot exceed 80% of the value of the property. New lines only. Appraisal may be required. This offer may be withdrawn at any time.

A home equity line of credit (HELOC) is a variable rate line of credit that uses your primary residence as collateral, or security for the debt.



ARGENTINE FEDERAL SAVINGS

We Care!

CALL US TODAY

**913-831-2004 or
913-402-1500**

3004 Strong Avenue, Kansas City, Kansas
12501 Antioch Road, Overland Park, Kansas

And Online at ArgentineFed.com



SENATE NEWS

By Sen. Pat Pettey

CHIEFS VICTORY CLOSING LEGISLATURE

The Legislature closed Wednesday to celebrate the Kansas Chiefs Super Bowl LIV victory – the first time in 50 years. A parade was held in downtown Kansas City, Missouri, and Legislative leaders wanted legislators and staffers to have an opportunity to attend.

The Senate took action on two bills on Tuesday. One from the consent calendar relating to the legislative division of post audit. It passed 39-1. The second, from General Orders, was a bill related to temporary parenting plans. It also passed 39-1.

Next week is the last week for bill introductions in non-exempt committees. These are any committees other than Senate Federal & State Affairs, Senate Assessment and Taxation, and Senate Ways & Means.

I welcome your input on any of these issues. Please feel free to visit or contact me at 785-2966-7375 or pat.pettey@senate.ks.gov, if you should have any questions or concerns. Or stop by my legislative office, located in room 125-E of the Topeka Statehouse.

BLACK HISTORY MONTH

February is Black History Month, a time devoted to celebrating and recognizing the central role of African Americans in U.S. history.

- Selma Burke was an American sculptor and a member of the Harlem Renaissance Movement. She is best known for her portrait of former President Franklin D. Roosevelt, which inspired the profile on the dime. She described herself as “a people’s sculptor” and created many pieces of public art, often portraits of prominent African American figures. In 1979, she received the Women’s Caucus for Art Lifetime Achievement Award.

- Joanne Bland is the co-founder and former director of the National Voting Rights Museum located in Selma, Alabama. By the age of 11, she had been arrested 13 documented times. She was an active participant in marches that became

known as “Bloody Sunday” and “Turnaround Tuesday.” She was one of seven black students who integrated A.G. Parish High School in Alabama. Today, at the age of 67, she remains active in organizations such as the Christian Leadership Conference, NAACP, The Sunflower Project, and Ladies with a Mission.

ABORTION AMENDMENT UPDATE

Minutes after an anti-abortion amendment to the Kansas Constitution failed in the House, Senate President Susan Wagle made clear the consequences.

Senator Wagle sent more than a dozen bills that could be used as legislative vehicles for Medicaid expansion back to committee, ensuring they won’t be passed anytime soon. “We will not take up Medicaid expansion until the amendment is on the ballot,” declared Wagle.

Governor Kelly said our Kansas Constitution “should not be permanently altered to make it easier for politicians to interfere with women and their doctors when serious medical decisions need to be made.” I support this position.

50/50 PARENTING TIME

On a vote of 39-1, the Senate passed SB 157. It establishes a presumption when making an order for a temporary parenting plan that it is in the best interests of the child for fit, willing, and able parents to have temporary joint legal custody and share equally in parenting time. It also adds that evidence provided that domestic abuse has occurred or is occurring would determine it’s not in the best interest of the child to have equal parenting time.

WHAT TO DO WITH THE DOCKING BUILDING?

The Department of Administration presented the legislature with a few options as to what to do about the Docking State Office Building, located across the street just west of the Capitol, as directed by a proviso included in the FY 2020 budget. For years, during the previous administration, the building fell into disrepair and nearly all of the agencies have been moved out of the building and into private rental spaces throughout Topeka. There are many concerns about the

money going towards paying rent rather than invested in repairs of the buildings. There are also concerns about the agencies spread out in multiple sites; this makes it difficult for Kansans to receive services effectively.

Four viable options for the use of Docking – while also addressing the needs for a new laboratory for KDHE – have presented to both the Senate Ways & Means Committee and the Joint Committee on State Building Construction. Below are the four well-researched options done by the Clark-Huese-mann Architectural firm. (Note: Amounts are construction costs.)

- Option A: Utilize entire Docking building and renovate—\$84,616,404

- Option A + KDHE Labs: Utilize Docking and include new KDHE lab on floors 2 & 3—\$114,981,261

- Option B: Utilize first three existing Docking floors, add 3 floors, and remove top floors—\$74,287,114

- Option B + KDHE Labs: Utilize first three floors, add 3 floors, include New KDHE lab top-- \$103,728,082

In addition to the possibility of placing the needed KDHE lab in Docking, three options were given to build a new laboratory next to the current antiquated and inadequate laboratory currently located in a 1950’s re-purposed hospital at Forbes Field. All three options put construction costs in the neighborhood of \$41,000,000. It should also be noted that a new lab would save \$50,000 per year alone in energy costs.

I support the serious consideration of rehabilitating Docking. It would bring state agencies and their staff back to one centralized location, in a building owned and operated by the State. It would prepare the state for future space needs and would provide modern, energy-efficient office space for state agencies for workforce efficiency, recruitment, and retention. I hope that the Legislature will consider one of these recommendations this session.

INTERESTING LEGISLATIVE STATISTICS

During the 2019 legislative session, 241 bills were introduced in the Kansas Senate, but only 30 bills (12%) were passed; 419 bills were introduced in the Kansas House, but only 39 (9%) were passed.

The Legislature runs on a two-year cycle. 2019 was the first session of the two-year cycle; if a bill was not passed or was not killed, it remains viable for the 2020 Session. Additionally, more bills may be introduced. So far, an additional 102 bills have been introduced in the Senate and 109 in the House. So, when you ask your legislator about a bill and s/he is not familiar with it or can’t tell you the bill number, have mercy!

OTHER BILLS TO WATCH

- FINES FOR UNLICENSED CHILDCARE PROVIDERS A bipartisan bill, SB 312, introduced by Senator Pat Pettey (D-Kansas City) co-sponsored by 20 other Senators would impose a \$1,000 fine for operating a childcare facility without a license. The bill had a hearing Tuesday in the Senate Committee on Public Health and Welfare. This is a top issue with KDHE for the health and safety of all our children in daycare.

- SPORTS WAGERING SB 283 allows the Kansas Lottery to enter into a contract with lottery gaming facility managers for managing sports wagering in-person at their facility or over the internet through websites and mobile device applications approved by the Kansas Lottery. It would prohibit other businesses from participating in the sports betting industry. A hearing on the bill was held in the Senate Committee on Federal and State Affairs last week.

WEAR RED DAY AT THE CAPITOL

On February 6th Senators participated in the American Heart Association’s national movement – Go Red for Women – to raise awareness about cardiovascular disease and save lives.

NEW STANLEY ELEMENTARY SCHOOL

New Stanley Elementary School received the National ESEA Distinguished Schools award. Congratulations to school Principal Shonielle Roberson, the New Stanley students and staff for being recognized nationally for closing the achievement gap between student groups for two or more consecutive years.

BREAST CANCER AWARENESS

Siobhan McLaughlin from Gilda’s Club stopped by for

a visit as part of American Cancer Society Day in the Capitol.

IMPORTANT STATE PHONE NUMBERS

Here is a list of numbers I often receive requests for during the Legislative Session. I hope you will find this information helpful.

Attorney General
(888) 428-8436

Child Abuse Hotline
(800) 922-5330

Consumer Protection
(800) 432-2310

Crime Tip Hotline
(800) 572-7463

Crime Victim Referral
(800) 828-9745

Department on Aging
(800) 432-3535

Driver’s License Bureau
(785) 296-3963

Fraud Hotline
(800) 432-3919

KPERS
(888) 275-5737

Governor’s Office
(877) 579-6757

Highway Conditions
(800) 585-7623

Housing Hotline
(800) 752-4422

KanCare Consumer Assistance
(866) 305-5147

Kansas Jobs
(785) 235-5627

Kansas Lottery
(785) 296-5700

Kansas State Library
(800) 432-3924

Legislative Hotline
(800) 432-3924

School Safety Hotline
(877) 626-8203

Social Security
(800) 772-1213

DCF
(785) 296-1491

Suicide Prevention Hotline
(800) 273-8255

Tax Refund Status Info
(800) 894-0318

Your Hometown Business Directory

"AT YOUR SERVICE"

CHILD CARE/DAY CARE

EL CENTRO ACADEMY FOR CHILDREN
Ages 2 1/2 to Preschool - all day
1330 S 30th, Kansas City KS 913.677.1115

CHURCHES

EMERSON PARK CHRISTIAN CHURCH
Weekly Services. Sunday Services 9:30 a.m.
Sunday School 10:45 a.m.
40th & Metropolitan831-3241

METROPOLITAN AVENUE
UNITED METHODIST CHURCH
Sunday School Class 10:15 a.m.
Sunday Service 9:00 am
3730 Metropolitan Ave831-4531

FINANCIAL

ARGENTINE FEDERAL SAVINGS
Deposits Federally Insured
3004 Strong Ave.831-2004

FUNERAL SERVICES



MAPLE HILL
FUNERAL HOME
CEMETERY
Family Owned Since 1945
Complete Funeral, Cemetery,
Cremation & Pre-arranged Services
3300 Shawnee Dr.
Kansas City, KS 66106
Funeral Home Cemetery
(913) 831-3345 (913) 262-6610
www.maplehillfuneralhome.com

HEALTH CARE

EAST ARGENTINE NURSING SERVICE
Clinic Tu/Th 3:00-5:30 p.m.
14th & Metropolitan

PET CARE/GROOMING

BUBBLES & BOWS BOUTIQUE
2500 S 34TH ST 722-0177 or 406-2379
Grooming • Training • Boarding • Apparel

PLUMBING HEATING/COOLING

SCHULER HEATING/COOLING, LNC.
Visit our showroom & parts dept.
3400 Shawnee Dr.262-2969

RESTAURANT

BIG 'Q' BAR-B-Q
Wed. & Sunday Special - Slabs \$16.99
2117 S. 34th Street362-6980

Health Care And Community Prevention Centers

VIBRANT HEALTH
Argentine location:
1428 S. 32nd St.
Monday - Friday, 8-5 pm
All locations phone,
913*342*2552

Partnership for Drug-Free Kids
855*378*4373

National Suicide Prevention Lifeline
800*273*8255

HIV/AIDS,
KC Care Health Center
816*753*5144

Senior-focused Health Care,
Partners in Primary Care
Medicare-Advantage Care
Center
7527 State Ave.
913*355*6986

ATTENTION LANDLORDS:

Shelter Insurance has competitive rates for rental properties in Missouri or Kansas.

Call today: Sam Davis

913-649-3399



Sam Davis
Agency, LLC
6917 W 76th St
Overland Park, KS



A Valentines Savings for your Furry Friends!



\$8.00

OFF

Full Service Groom



Offer Good through February 29, 2020

Bubbles & Bows Boutique

Apparel & Accessories

913-722-0177 • 913-406-2379

2500 S 34th Street • Kansas City, Kansas

Regular Hours: Tuesday-----9am to 6pm Thursday-----9am to 6pm Saturday-----9am to 6pm.
Wednesday--9am to 5pm Friday-----9am to 6pm CLOSED Sunday and Monday.

I'm Just Goofy Over The Record!



Have *The Record* delivered to your mailbox each and every week with a 1-, 2- or 3-year subscription.

**Take it from me,
a *Record* subscription just makes
perfect sense!**

Turner, Argentine & Rosedale community news... relax, we've got it in *The Record*!

- ◆ News and Features on local people and places – information that hits home to YOU and your community.
- ◆ Community Events – dates, times & locations... news you can use.
- ◆ Area Schools – sports, activities and issues that affect parents, students and the community.

RECORD SUBSCRIPTION FORM

Name _____

Address _____

City _____

State _____ ZIP _____

Home Phone _____

Daytime Phone _____

CHECK A SUBSCRIPTION LENGTH

1-Year Subscription
\$15.00

2-Year Subscription
\$28.50

3-Year Subscription
42.00

CARD NUMBER

EXP. DATE ____/____/____

Name as it appears on card _____

Signature _____

Please make checks payable to: *The Record*

Mail to or drop off at The Record
PO Box 6197
Kansas City, KS 66106

Guest Editorial

A Dozen Techniques for Enhancing Memory

By: Tom Valverde

1. Meditate: Sit, with eyes closed, and take in 5 long breaths. Imagine that you are in a favorite place or with a special person. This is relaxing and provides the brain with extra oxygen. When stress is reduced, the level of the stress hormone, Cortisol, is lessened. Increased levels of Cortisol negatively impact the brain's ability to remember.

2. Exercise the brain by creating words: Think of a word and visualize its spelling. Then try to form as many words as you can, by using either the first 2 letters in your word, or by using the final 2 letters.

3. Elevate your heart rate, Three times a week. Aerobic exercise, weight training, or taking a brisk, 20-minute walk, 3 times a week. Any of these will produce a positive impact on long term memory.

4. Clench your fist for 90 seconds: Studies have shown that clenching the right hand for 90 seconds boosted memory formation by clenching the left hand, this helped with memory recall. In the study, participants were given a long list of words to remember. Those participants that had made a fist, and held it for 90 seconds, were able to recall more words than the group who hasn't clenched their fists. Making a fist, triggers specific areas of the brain, responsible for memory processing.



Passings...

By: Sue Reich

Delores White, passed away on February 6, 2020.

Ray Manis, class of 1960 AHS.

Bob Jones, age 91, passed away on January 21, 2020. Argentine high school class of 1947 and served in the USMC.

Orson Bean, age 91, passed away on February 7, 2020. He was an actor.

5. Doodle: Cambridge University gathered two groups of students. They were tasked to listen to a story about a party. One group was instructed to doodle whatever they wished, as they listened to the story. The other group, just sat, and listened. They then we're asked questions about the story such as locations, the names of persons, etc. Those who listened and doodled, were able to recall 29% more, than those who only say and listened. Researchers explained the result. Whenever we just listen, we tend to daydream. This distracts us and prevents our retaining information. A simple task, such as doodling, works to prevent the daydreaming. Doodling makes us more perceptive of audio information.

6. Reverse hands: When engaged in everyday tasks, try to use your non-dominant hand. Brushing your hair, washing dishes, drawing, picking up your phone, etc., strengthens nerve connections in the brain, by making the adjustment for the non-dominant hand.

7. Read books aloud: When you read and hear yourself speak at the same time; you will have better word retention. At home, use audio books, and speak aloud your grocery list. This could prevent you from forgetting to pick up something at the store.

8. Eat with chopsticks: This is one of the most effective ways to enhance brain function. The use of chopsticks assists the brain to grow more dendrites. They function to assist the brain to increase its production of new dendrites, which function to transmit brain impulses from cell to cell. Using the concentrated nerves in the fingers, help to boost circulation in the brain.

9. Observe "4 Details": Observe 4 details about any person you encounter during the day. Note hair color, worn accessories such as pins or watches, eyeglasses, shirt or blouse color, ties, scarves, hats, jewelry, etc. Later in the day, recall the person, and the 4 details you've chosen to observe and recall. At first, start with 4 details from just one

person. Then, either increase the number of details to recall later, or gradually increase the number of people you observe. This brain exercise will, over time assist in memory formation and recall.

10. Wear ear plugs: Research shows that blocking out sound, helps to enhance cognitive abilities, and to "re-

vive" brain function.

11. Increase laughter: Cortisol levels are helped to decrease, whenever you have a good laugh. This helps to ameliorate the negative effects of this stress hormone. Smile be happy!

12. Recite the alphabet, backwards: It sounds easy, until you try to do it. Again,

new parts of the brain are engaged, and strengthened with this brain exercise.

BONUS! 13. Try adding sums mentally. Add the next number to the sum of the preceding two. $2+2=4$, $4+3=7$, $7+4=11$, $11+5=16$, $16+6=22$, and so on! Great mental exercise! Good Luck!

Federal Reserve Efforts May Not Be Enough to Forestall Market Downturn

By: Tom Valverde

The Federal Reserve is still keeping interest rates at historic ultra-low levels. The Fed provides the United States Senate its Monetary Policy Report (MPR) twice each year. Two weeks ago, the MPR describes how the Fed is able to continue with these ultra-low interest rates stating, "Since October, 2019 the size of the balance sheet has been, expanding to provide ample level of reserves." Some finance and economy specialists have referred to the this as an "explosion" of the Fed's balance sheets. In this tenuous economy, these are truly risky procedures. The Federal Reserve has its own terms for the way it conducts business. For example, the report tells of "Open Market Operations," (OMOs). OMOs is the printing of 'extra' money, literally out of thin air, to then be used to inject these liquid cash "reserves" into the US market. When extra money is made available it places "downward pressure" to keep interest rates low. And this, in turn, helps to boost investor confidence.

"As they print money, the stock market goes up for a while." But reality check, the Fed is operating in Crisis mode, but never acknowledges it. Jerome Powell, Fed chair will continue to say, "All is fine, there is no crisis" but his actions say the opposite according to a Bloomberg article: "When the US Federal Reserve started pumping up its balance sheet, this was insisted by Powell as not to be taken to be, another round of "Quantitative Easing," (QE). QE refers to the substantial post-crisis efforts made to relax financial conditions. And removing this QE support or even tapering it off, is considered risky.

Another Bloomberg article reported that Scott Mineard, investment chief at Gug-

genheim Partners said, "We will reach a "flipping point" when investors will awake in the rising tide of default, and downgrades. Mineard wrote this in a letter that was presented to members at the World Economic Forum, held in late January in Davos, Switzerland. Mineard likened the, "inflation of asset prices caused by "loose money" policies of Global Central Banks, to a Ponzi Scheme that eventually must collapse." Bloomberg points to a warning sign for the market rally that is, "pushing US stocks toward another record." Revealed in the report by Bloomberg is the fact that corporate executives and company officers have stepped up selling shares in their own companies. So much so, that this "record rally" is based on five insider sales for every one buy. Since September, 2019, insiders have been stepping up the pace of sales all year. This rally pushed valuations toward the highest, in almost twenty years!

Having more sellers than buyers provides a note of caution, as the market continues to surge higher and higher. This helps to explain President Trump's great economy. But only a fool would take a statistic from one part of the diverse US economy and say that it's great. How the stock market performs does not reveal the full picture of the nation's economy. It is like going to see your doctor because of not feeling well, and having him take your temperature, reading that it's normal, and then telling you that, "you're in great health!" Nonsense!

Guggenheim Partner's fixed income chief, Anne Walsh, was interviewed at the Davos forum, she said, "15% of the US economy is already in recession. The Fed's efforts to pump liquid-

ity into markets, has created "zombie companies" that may see an outflow of capital, as the utility of the Fed's money continues to diminish." "The longer that the market runs, the harder the fall will be when it ends!" said Ms. Walsh. Scott Mineard cites rising numbers of defaults are sounding a reason for caution. Mineard reiterated a warning that BBB-related bonds risk further down grades. "This type of debt, presents a risk of deterioration than it was in 2007." Oxfam International Report, released at the end of January, 2020 gives more details. "The US Federal Reserve has added over \$90 Billion in temporary cash for markets. Intervention comes at midnight as overnight repos that total \$58.6 Billion and 14 day repos totaling \$32.2 Billion. What will remain a mystery for 2 years, is to what institutions these repos are paid to?!

One page in Bloomberg's article shows a graph with the heading which reads, "Fed Bond Buying is Driving Stock Prices Higher", investors say. And the Administration calls other countries for currency manipulation Do as I say, not as I do, really applies in this instance! Information just revealed by the Washington Post, "162 richest persons in the World today own as much wealth as the bottom 60% of people in the World. A level of inequity that is unprecedented in the history of the World. Tens of millions live in Poverty with inadequate access to the basics for survival; water, food, healthcare, education, transportation, and shelter. With the "artificial" economy, on life support by massive infusion of dollars, it is only a matter of time before this bubble bursts, and then, what? Prepare yourself and your family for the worst; hope and pray for a better tomorrow for everyone.

SAVE ON HOME SECURITY

**GREAT
LOW
PRICE**

**MONITORING
\$27⁹⁹
PER MONTH**

*Monitored
by ADT®
the #1 home
security
company
in the U.S.*



FREE HOME SECURITY SYSTEM

New customers only. Early termination fee applies. \$99 installation with 36 month monitoring agreement. See all offer details below. **\$850 VALUE!**

FREE 7 WIRELESS DOOR/WINDOW SENSORS

—enough to help protect virtually every entrance to your home. **\$695 VALUE!**

FREE \$100 VISA® GIFT CARD

from Protect Your Home!



FREE



WIRELESS REMOTE CONTROL with panic button. \$139 VALUE!

FREE DOORBELL CAMERA

When you upgrade to ADT Pulse® + Video **\$299 VALUE!**



See all offer details below.

ADT® 24/7 Monitored Home Security

- 24/7 monitoring provides peace of mind
- Yard sign and window decals help deter crime
- Quickly connect to fire and emergency response
- May qualify for a homeowners insurance discount

LIMITED TIME OFFER—CALL TODAY!

1-844-923-2311



**Protect
Your
Home**

**Ask about same-day
installation!**
Reply By April 15, 2020

GIFT CARD: \$100 Visa Gift Card fulfilled by Protect Your Home through third-party provider, Mpell, upon installation of a security system and execution of monitoring contract. \$4.95 shipping and handling fee, gift cards can take up to 8 weeks to arrive after following the Mpell redemption process. **BASIC SYSTEM:** \$99 Installation. 36-Month Monitoring Agreement required at \$27.99 per month (\$1,007.64). 24-Month Monitoring Agreement required at \$27.99 per month (\$671.76) for California. Offer applies to homeowners only. Basic system requires landline phone. Offer valid for new ADT Authorized Premier Provider customers only and not on purchases from ADT LLC. Cannot be combined with any other offer. The \$27.99 Offer does not include Quality Service Plan (QSP), ADT's Extended Limited Warranty. **ADT Pulse:** ADT Pulse Interactive Solutions Services ("ADT Pulse"), which help you manage your home environment and family lifestyle, require the purchase and/or activation of an ADT alarm system with monitored burglary service and a compatible computer, cell phone or PDA with Internet and email access. These ADT Pulse services do not cover the operation or maintenance of any household equipment/systems that are connected to the ADT Pulse equipment. All ADT Pulse services are not available with the various levels of ADT Pulse. All ADT Pulse services may not be available in all geographic areas. You may be required to pay additional charges to purchase equipment required to utilize the ADT Pulse features you desire. **ADT PULSE + VIDEO:** ADT Pulse + Video installation is an additional \$299. 36-month monitoring contract required from ADT Pulse + Video: \$59.99 per month, (\$2,159.64), including Quality Service Plan (QSP). Doorbell camera may not be available in all areas. **GENERAL:** For all offers, the form of payment must be by credit card or electronic charge to your checking or savings account, satisfactory credit history is required and termination fee applies. Certain packages require approved landline phone. Local permit fees may be required. Certain restrictions may apply. Additional monitoring fees required for some services. For example, Burglary, Fire, Carbon Monoxide and Emergency Alert monitoring requires purchase and/or activation of an ADT security system with monitored Burglary, Fire, Carbon Monoxide and Emergency Alert devices and are an additional charge. Additional equipment may be purchased for an additional charge. Additional charges may apply in areas that require guard response service for municipal alarm verification. Prices subject to change. Prices may vary by market. Some insurance companies offer discounts on Homeowner's Insurance. Please consult your insurance company. Photos are for illustrative purposes only and may not reflect the exact product/service actually provided. **Licenses:** AL-19-001104, AR-CMPY.0001725 AZ-ROC217517, CA-ACO6320, CT-ELC.0193944-L5, DC-EMS902653, DC-602516000016, DE-07-212, FL-EC13003427, EC13003401, GA-LVA205395, IA-AS-0206, ID-ELE-SJ-39131, IL-127.001042, IN-C.P.D. Reg. No. - 19-08088, City of Indianapolis: LAC-000156, KY-City of Louisville: 483, LA-F1914, LA-F1915, LA-F1082, MA-1355C, MD-107-1626, ME-LM50017382, MI-3601205773, MN-TS01807, MO-City of St. Louis: CC#354, St. Louis County: 95091, MS-15007958, MT-PSP-ELS-LIC-247, NC-25310-SP-FA/LV, NC-1622-CSA, NE-14451, NJ Burglar Alarm Lic. # - NJ-34BF00021800, NM-353366, NV-0068518, City of Las Vegas: 3000008296, NY-Licensed by the N.Y.S. Department of State UID#12000317691, NYS #12000286451, OH-53891446, City of Cincinnati: AC86, OK-AC1048, OR-170997, Pennsylvania Home Improvement Contractor Registration Number: PA022999, RI-3582, RI-7508, SC-BAC5630, SD- 1025-7001-ET, TN-1520, TX-B13734, ACR-3492, UT-6422596-6501, VA-115120, VT-ES-2382(7C), WA-602588694/EC/PROTEYH934RS, WI-City of Milwaukee: PAS-0002790, WV-WV042433, WY-LV-G-21499. 3750 Priority Way South Dr. Indianapolis, IN 46240 ©2017 DEFENDERS, Inc. dba Protect Your Home **DF-CD-NP-Q120**