

## Woodlands Property For Sale

Las Vegas casino owner Phil Ruffin has put the former Woodlands racetrack facility up for sale.

Ruffin bought the several hundred-acre property near Leavenworth Road and I-435 five years ago with plans to reopen the horse track and add a facility with slot machines.

The Unified Government supported those efforts for the past several years, but the Kansas Legislature did not approve needed changes to the Kansas gaming law which would have made reopening the facility profitable.

Ruffin is tentatively selling

the land to Scannell Properties which proposes building a one-million square foot warehouse distribution facility and office park with retail development on the corner of the former racetrack land.

Scannell Properties, based in Indianapolis, is a private real estate development firm with more than 300 development projects totaling more than 63-million square feet in 44 states and Canadian provinces.

When the sale is completed, Scannell plans to demolish the crumbling horse and dog tracks later this summer,

with the new distribution center opening next year. The distribution facility is expected to create 1,000 new jobs.

70 acres between the new facility and Wyandotte County Lake will be reserved for green space and public walking trails.

The project plans are being reviewed by the Unified Government, State of Kansas, and Army Corps of Engineers. Advancement of the proposed plans will require a local public hearing and approval action by the Unified Government.

## 70 Degrees and Over, Don't Take Rover!

Annual reminder from the Humane Society of Missouri urging pet owners to take proper precautions as warm weather is finally here to stay

It is finally feeling like summer! With warm weather here for good and reopenings happening all around the state, we'll all be spending

more time outside with our friends – both humans and pets.

But pet owners must remember that even breezy 70-degree weather can pose safety issues for our four-legged loved ones. Keep in mind the Humane Society of Missouri's life-saving motto this summer:

**70° & Over, Don't Take Rover!** To report an animal in heat-related jeopardy, call the Humane Society of Missouri Animal Cruelty Hotline at (314) 647-4400.

CONTINUED ON PAGE 4

### Metropolitan Avenue Food Pantry

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## Hero shines during COVID-19 response

By Staff Sgt. Dakota Helvie

The day began just as any other for Spc. Kristyn Harding, a combat medic with the 1077th Ground Ambulance Company, Kansas Army National Guard. Harding, along with her teammates from the 731st Transportation Company and the 190th Air Refueling Wing, had been mobilized to Dodge City, Kansas, to support the Ford County Health Department with drive-thru COVID-19 testing for the community. As residents drove their vehicles into the vacant lot, awaiting their turn to be tested, a cry for help would momentarily halt their mission.



"I went to do traffic control while we were doing registration when Specialist Harding yelled for help," Spc. Issac Alberto, 1077th Ground Ambulance Company combat medic said. "I stopped traffic and looked to see Harding had an infant in her hands."

Harding had been assigned to go car-to-car to collect basic vitals and biographical data from patients as part of the registration for testing. However, in the middle of collecting information at one of the vehicles, Harding's duties were abruptly interrupted by the panicked mother in the driver's seat.

"I was filling out a clipboard for the mother when she looked back and started screaming 'he's not breathing,'" Harding said. "I took a step back so she could exit the parked vehicle. I looked in the vehicle and the child in the backseat was blue in the face."

Harding immediately jumped into action and pulled the mother out of the way so she could unclip the child from the car seat. Holding the infant face down, Harding began to administer the choking rescue procedures for babies by giving him a few slaps on the back.

"I looked at his little cheeks and they were blue, his lips were blue," Harding said. "So, I slapped him on the back a few more times until he dislodged whatever it was, and he started crying."

"Just by seeing her put the baby in that position I knew the baby wasn't breathing," Alberto said. "I called on the radio that we had a baby not breathing and would need an ambulance."

Capt. Mark Meyerhoff, test-site executive officer and 190th Air Refueling Wing physician's assistant, received the call from Alberto and immediately rushed to the registration line. As he approached the receiving and registration area, Meyerhoff could hear the cries from the child, indicating the child's airway was clear.

"To me that is a great sign of the training she's had in her military and civilian work experience," Meyerhoff said. "When an emergency happens, you go into the automatic mode."

Harding doesn't like being called a hero. She simply stated that she did her job and acted calmly and accordingly. However, with over eight years of civilian experience as a fire medic in Excelsior Springs, Missouri, and nearly two years' experience as a combat medic with the Kansas National Guard, her combined training and readiness allowed her to be a hero in that moment.

The team ultimately determined that the child had more than likely choked on water he was drinking. After ensuring the child's airway was clear and showing good color and response, the medical team was able to complete the family's screening and send them on their way.

"She was a hero," Meyerhoff said. "If she hadn't been there, that mother and that child's life could be different and as much as she would downplay it, it was a selfless act for someone else."

# Sue's Sudsy Soapbox By: Sue Reich



**D**id you notice that I have changed the title to Sue's Sudsy Soapbox? You wanna know why? Well, because, that's why. Omgosh, omgosh, our lives are getting sudsy. I have been accused of the darndest things and seems like all I do is defend myself. Things are getting might sudsy in this old lady's life. I honestly believe this virus, the riots, the shut-in places, shut out places, are taking hold of our brains. Please, let's settle down and see if we can get back to the way we were before. I really miss my family, what is left. They are in Raytown. My grandkids are growing, and I am missing out on a lot of their antics. Love you Grace, Kailer, Jaxon and what is that little girls name? Matilda! Is that my little granddaughters name? Just kidding. It is -- Oh well.

Went to deliver the papers and to the store on Tuesday. Mr. Ed needed to get out. So did Ms. Sue. Went to CVS and General Dollar and got a few necessities. Did me good to get out.

I sit on the back porch while the furbabies are out doing their thing. Now it is going to get hotter and we got our AC working now. You know, if it wasn't for our furbabies, I really would be bored. They even stay with me in my bedroom every night, go to the "loo" when I go, on the couch, in my chair, in the kitchen, etc. When I cook, when I cry, when I am on the phone or in here on the computer.

We got our stimulus check and in the right time. Our Cadet mower is "shot" and am getting it fixed. So, it came just in time. I am going to have to learn to use it. Our neighbors are just great keeping our lawn mowed. We bought some gas so the neighbors can use it to mow

ours and theirs.

Hope everyone is doing alright. I am just tired, worn out, frazzled, but let me tell you, no matter how old you are, you gotta keep goin'. Don't let anyone get you down. They might try, why, I don't know, but stay strong. Love all of you, be kind. K?

"We are all manufacturers, making goods, making trouble or making excuses."

Now, this I like and someday I will tell you why. It is in the book called, Apples of Gold. They have the best adages and I love to look through the Apples of Gold and Treasures of Silver. The authors are unknown but were compiled and printed here in the good ol' USA. Don't need permission, they are for everyone's use. Take care, pray this will all be over soon. Little ol' gal from Argentine. Sue.

## The 'Mr. Rogers' of the Postmen

By: Sue Reich

This is a story my daughter-in-law, Matilda, told me the other night. It is about their mail carrier who was their special one for many years. He was really another Mr. Rogers. You all remember Mr. Rogers who was on TV for the children? He was nice, warm, mannerly, friendly and everyone loved him. When Matilda and her husband and children moved to Raytown several years ago, the mail carrier really took to the little children that lived there. Matilda had a "baby bump" and he would comment to the older siblings about their new brother or sister. To make a long story short. Matilda had her babies and they would wait for the mail carrier. They would chat with him and he would make comments on their growth and the new babies. That was the highlight of their morning which was around 9:30 a. m.

Then in February he didn't deliver their mail. Well, they figured he probably took a vacation. Every morning they would wait for their wonderful friend. Another man was the carrier and finally they asked him where the

Mr. Rogers one was. He told the kids and the mother that the carrier had had a heart attack and passed away. Talk about broken-hearted kids. They could hardly believe it. They always wait in the morning for their dear letter carrier. Just hoping, maybe.

## Harmon High School

By: Sue Reich

We all should be proud of the seniors of JC Harmon High School. Boulevard Drive-In held a graduation at their place of business and the seniors got to have their ceremony. They decorated their cars and had a great time and received recognition of their efforts. Congratulations young men and women, we all are very proud of you.



This is in the window of Argentine Federal Savings. I guess they still have workers there. I always holler "HI" and someone answers. Hi again you Essential Workers.

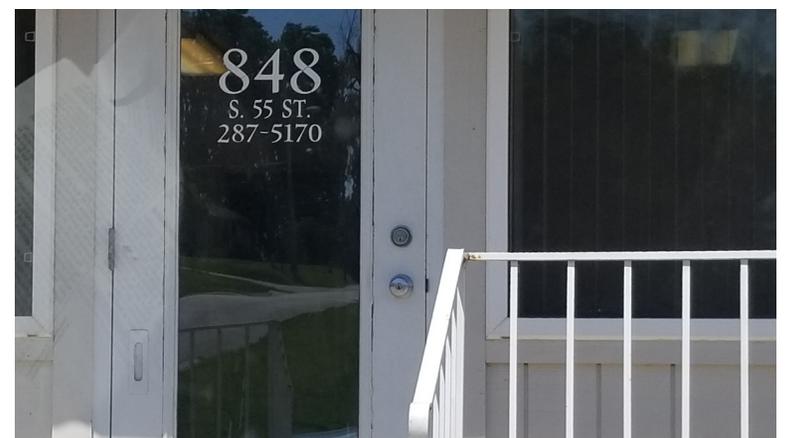


Big Q BBQ is another place that has changed. Why? No customers. But Rusty did tell me that business is picking up bit by bit again. They even have a Help Wanted Sign out front. Good luck guys.



Well look what Denny the barber has done to his shop on Maple Hill. When I took Mr. Ed there to get his haircut, I just about fell over. Beautiful, clean and neat. See, this pandemic has caused some good.

Jo's Salon is in Turner. She has her sign to OPEN. Haven't been in there yet. But Hi Jo, hope to see you soon. Lil, the other salon owner on the other end has her sign turned to OPEN. she called me on the phone and we talked quite a



## Tapping My Way To Heaven

By: Sue Reich

I tapped my way to heaven, I'm on that big stage in the sky  
 I hear that wonderful music, so please don't you cry.  
 I hear that angelic band, I want to play along  
 I tapped my way to heaven, to God's heavenly song.  
 I tapped my way to heaven, I danced from star to star  
 So, when you hear that music, you know I'm not too far.

My dad was a great tap dancer. He could out dance the rest of them. He passed away, June 30, 1991. I wrote this in memory of him shortly after he passed. We had just had a Father's Day party for him a couple of weeks before.

# Comin' & Goin' Turner Style



By Sharon Hoover

Emotions have been running high this past week. Last Saturday I sat with tears in my eyes as I watched United States astronauts fly into space in an American space vehicle. This was the culmination of both the government and private industry efforts – working together in a common cause. Later in the evening, I watched protesters make their voices heard about the senseless murder of George Floyd. There were tears in my eyes for

the lives lost for so many years needlessly. I cannot understand how we can come so far on one level and still be so far behind in another. Hopefully, George Floyd and those who died before him will not have died in vain because this time the unrest will continue until progress is made toward a common goal.

I have been out and about - not necessarily out of the car - and continue to see people not social distancing and not wearing masks. The KCK public library is offering curbside pickup and am I glad. I had to resort to watching home remodeling shows because television fare is mostly reruns and I am tired of bad news – Covid-19, Trump antics, unemployment, and unrest. I needed a little fantasy. I just finished James Patterson's "Revenge", a new character who is a former SAS officer in Britain who provides

security for individuals. All the action takes place in and around London. Currently, I am reading Jeffery Deaver's "The Goodbye Man". His main character is a reward seeker, not a bounty hunter who looks for missing people. I haven't gotten into it very far but from what I have read, it appears to have something to do with a cult-like group. The library is also sponsoring a virtual summer reading program, details are at [www.kckpl.org/summerreading](http://www.kckpl.org/summerreading).

Turner Recreation Commission has reopened with a limited schedule. They have a new website [www.turnerecreation.org](http://www.turnerecreation.org) which explains their reopening plan listing detailed services offered and protocol. It is worth printing if you intend to use their facilities.

Until next time please practice social distancing, stay safe and be careful.

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## 70 Degrees

...from page 1

Here are the Top 10 tips for keeping pets safe, happy and healthy on warm, sunny days from the Humane Society of Missouri:

1. Never leave a pet unattended in a parked car when the temperature is near or above 70 degrees. In a matter of minutes, the temperature inside a car can soar past 100 degrees, regardless of whether a window is cracked, or the car is parked in shade. Once the internal temperature of a car reaches 110 degrees, your pet could only have a few minutes to survive.

2. Act immediately if you see a distressed animal in an unattended car. Call the police and the Humane Society of Missouri's Animal Cruelty Hotline at (314) 647-4400 as soon as possible. A pet showing signs of distress such as heavy panting, unresponsive behavior, seizure or collapse, needs immediate attention.

3. Apply cool water to your pet's extremities if they show signs of heat exhaustion. If your pet is displaying symptoms, place a cool, wet towel around their neck or pour cool water over their body,

especially the abdomen and between the hind legs. Be sure to schedule an appointment with your veterinarian as soon as you notice these symptoms.

4. Make sure outdoor pets have access to fresh, clean water at all times. Secure plastic water bowls to the ground so your pet cannot accidentally tip them over. Eliminate using bowls made of metal as they will become extremely hot if left out in the sun.

5. Provide your pet with shady spots outdoors. Ensure your pet is protected from the heat and sun at all times during the day, no matter where you are. If you leave your pet outdoors for an extended period, check to make sure there are shaded areas beforehand and keep checking in as the sun changes positions.

6. Take frequent water breaks if walking or jogging with your dog. Asphalt and concrete heat up quickly. If you can't keep your hand on the pavement for 10 seconds, it is too hot for a dog's paws. Consider going for a walk in the early morning or after the sun sets when it is cooler outside.

7. Do not bicycle, rollerblade or e-scooter with a pet. Pets do not know any better and



will do everything they can to keep up with you while you're moving fast. Heat stroke and possible death can occur quickly in these circumstances, particularly in hot weather.

8. Keep pets inside when temperatures exceed 90 degrees. There will be days when the temperature skyrockets and it becomes too hot for pets to remain outside. Bring them indoors and keep them in a safe and secure place such as the basement, especially if your home is not air con-

ditioned. Rising temperatures inside the home can be just as deadly as the outdoor heat.

9. Groom your pet regularly. A pet's coat is designed by nature to keep them cool during the summer. Consider taking your pet to a groomer for a trim or regularly brush their fur to remove any excess hair. However, do not shave your pet without first consulting a veterinarian, as this may result in overexposure to the sun and cause sunburn or other serious side effects.

10. Prepare for thunderstorm stress. As temperatures rise in the spring so does thunderstorm activity, and many pets are terrified of the loud, sudden noise. Try to keep your pet indoors in a cool, dark, quiet place. Sometimes playing soothing music can help calm your pet. Pet parents can also go to the veterinarian to see if using ThunderShirts® or nutritional supplements and prescription medications can help alleviate their stress.

## Lessons Learned From The 2008 Financial Crisis That Can Help Us Now

The devastating economic impact of the COVID-19 pandemic has drawn comparisons with a previous U.S. economic calamity – The Great Recession of 2008.

That crisis, similar to the current one, included high unemployment, a plunging stock market, and government stimulus packages.

While the population wonders how and when the U.S. economy will recover, there are some lessons learned from 2008 that can be applied now, says Steve Kruman (www.brycewealth.com), a financial planner and investment advisor at Bryce Wealth Management.

"There was a wide variety

of strategies in the last recession, from infrastructure investments to re-regulating financial institutions and others," Kruman says. "Some worked, and some didn't. Seeing where we went wrong may help us get this right."

Kruman breaks down what he thinks were the wrong recovery strategies in the

last recession, and ways the economy could be steered back on course this time:

**Questionable strategies in 2008**

\* Over-regulated businesses. "Regulations have been cut dramatically, which is a contrast to 2008," Kruman says. "Shortly after the 2008 recession hit, we entered a period where the federal government began promulgating numerous impediments to business, resulting in more than more than 20,000 regulations affecting businesses. Yes, we recovered, but we would have made a quicker and better recovery if we had not been adding restrictions on businesses. It's a drag to drive a car when the emergency brake is still on. The same thing applies to the national economy struggling to recover while regulations are being piled on."

\* Risked taxpayer money. "Taxpayer money was wasted on some projects that never

should have been funded by the government, especially in the alternative energy sector," Kruman says. "It's not up to the U.S. government to pick winners in the economy. It's up to venture capitalists and other investors to help fund companies. Taxpayer money shouldn't be put at risk."

\* Reduced lending. "Bank lending dried up despite massive government support. Public outcry changed that," Kruman says. "Government meddling set the stage for the problem that hit the total economy in 2008. It's also important to remember that the 'patient' was showing signs of deteriorating health in 2007. The subprime mortgage crisis was mushrooming. Rapidly expanding derivatives full of such high-risk mortgages were being sold to investors who may not have understood what they were getting into."

### Mark Gilstrap Announces his Candidacy for Kansas House District 36

Kansas City – Mark Gilstrap, former Kansas State Legislator, filed for Kansas State Representative District 36 on May 26, 2020.

Mark retired after 33 years of service from the finance department of the Unified Government of Wyandotte County. Mark said, "In retiring from the Unified Government, I value the KPERS public retirement system and will not allow it to be used for any legislators or Governors wish list."

As a former legislator, Mark shared the views for the vast majority of his constituents on social issues. Mark said, "We must allow the people to have a voice on abortion laws through their legislators. The courts must not override the will of the people."

Mark played a major role as a legislator from 1997-2008 to get legislation passed to allow the Kansas Speedway and the legends development. Mark said, "I was privileged to cast the deciding vote to allow Wyandotte County voters to be able to vote for a casino."

Mark said, "Voters of the 36th Kansas House District will have a clear choice in November and I think they will choose someone who has a strong record of bringing in millions of dollars of revenue and thousands of jobs into our community."

CONTINUED ON PAGE 7

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## Lessons Learned... ...from page 4

Strategies that could help now

\* Focus on small businesses. "The government's aid to small businesses has been a good sign," Kruman says. "That's a departure from the 2008 crisis, when policy-makers targeted most of the bailout at Wall Street. Wall Street recovered fairly quickly but homeowners did not. Now millions of laid-off workers and many businesses are in trouble, and the focus needs to stay mainly on both to help ride this out."

\* Banks' flexibility. "Banks are taking steps to assist customers," Kruman says. "Deferred principal payments and forgiven interest during the business shutdown period for credit cards, auto loans and mortgages would provide critical support to the economy. It's possible because U.S. banks were in a position of strength before the pandemic due to record levels of capital and liquidity."

\* Future incentives. "We need to figure out how to help businesses past the short-term parameters of the current assistance," Kruman says. "Protecting the payroll temporarily only goes so far. The government should give small businesses tax incentives, like a double deduction for employer contributions made for employee health insurance in 2020."

"Re-invigorating our economy is like an airplane taking flight," Kruman says. "It has to roll down the runway for a while to gain speed before it has the needed lift to take off. If all four engines – employers, lenders, the government, and the employees who make American business hum – are functioning at top thrust in the manner consistent with the best interest of the nation, we can get this economy up and flying high again as quickly as possible."

About Steve Kruman

Steve Kruman ([www.brycewealth.com](http://www.brycewealth.com)) is a financial planner, investment advisor and insurance agent at Bryce Wealth Management. He's also a licensed attorney in Pennsylvania and New Jersey, focusing on estate planning. Kruman is a Life & Qualifying Member of the Million Dollar Round Table, the only industry organization for people who are ethical top performers.

# Red Cross Offers Ways to Stay Safe As You Look Ahead to Fun this Summer

Summer is just ahead—the perfect time of the year to enjoy the outdoors. But this year summer fun will be different due to the ongoing COVID-19 pandemic. The American Red Cross of Greater Kansas City and Northwest Missouri offers safety tips you can follow.

If your community is reopening, know what precautions to take in public settings.

- Keep at least 6 feet between yourself and others.
- Wear cloth face coverings, especially in crowded areas. Do not place them on children under age 2.
- Limit your risk by reducing the number of places you go and your exposure to other people.
- Order food and other items for home delivery or curbside pickup, if possible.
- Visit the grocery store

and other stores in person only when necessary.

- Stay at home if you are sick.

**WATER SAFETY** Many public pools and beaches may be closed. Follow the guidance of state and local officials. Make sure the area is designated for swimming. Once there, maintain social distancing, both in and out of the water, between you and people who don't live with you. If you don't think your child can do this, come up with another activity.

- Wear face coverings on land, but not in the water as it may be difficult to breathe.
- Don't share goggles, nose clips, snorkels or other personal items.
- An inflatable pool can be a great way to have fun, but be sure to provide constant supervision to children in and around the water.

• Take the new Red Cross free Water Safety for Parents and Caregivers online course which focuses on the risks of drowning and how to minimize those risks, especially for young children.

**GRILLING SAFETY** Summer is a popular time for grilling family meals at home. Yet grilling fires spark more than 10,000 home fires on average each year. To avoid this:

- Always supervise a barbecue grill when in use. Don't add charcoal starter fluid when coals have already been ignited.
- Never grill indoors—not in the house, camper, tent or any enclosed area.
- Make sure everyone, including children and pets, stays away from the grill.
- Keep the grill away from the house or anything that could catch fire.

• Use the long-handled tools especially made for cooking on the grill.

**HELP SAVE LIVES THIS SUMMER** Give blood, platelets or plasma—we're all in this together! Visit [redcrossblood.org](http://redcrossblood.org) for more information or to schedule your donation.

**ADDITIONAL RESOURCES** The Red Cross has several resources to help you prevent and respond to summer emergencies.

- Learn how to save a life with the Red Cross First Aid App and training courses ([redcross.org/takeaclass](http://redcross.org/takeaclass)).

org/takeaclass).

- Receive customized weather alerts and warnings with our Emergency App.

• Download our Swim App and visit our new Water Safety for Kids site ([redcross.org/water-safetyforkids](http://redcross.org/water-safetyforkids)) for videos, activities and quizzes.

- Enable the Red Cross skills on Amazon Alexa-enabled devices for valuable first aid information, to schedule a blood donation, receive warnings about an approaching hurricane or make a financial donation to the Red Cross (<https://www.redcross.org/get-help/how-to-prepare-for-emergencies/mobile-apps/alexa-skills.html>).

About the American Red Cross:

The American Red Cross shelters, feeds and provides emotional support to victims of disasters; supplies about 40 percent of the nation's blood; teaches skills that save lives; provides international humanitarian aid; and supports military members and their families. The Red Cross is a not-for-profit organization that depends on volunteers and the generosity of the American public to perform its mission. For more information, please visit [redcross.org](http://redcross.org) or [cruzrojaamericana.org](http://cruzrojaamericana.org), or visit us on Twitter at @RedCross.

## Tom's Tasty Treats

By: Tom Valverde

This week's tasty treat is great to have on hand. They're easy to prepare and ingredients are easy to find at any grocery store. A picnic at Wyandotte county lake is the perfect setting to enjoy.

### Lime Macaroons

#### Ingredients:

- 1 lg. Can Sweetened Condensed Milk
- Zest of 2 Limes, about 2 T
- Juice of 1 Lime
- 1 t Vanilla
- 1/2 t Salt
- 1 14oz. bag Sweetened Shredded Coconut
- 2 lg Egg Whites, at room temperature

#### Directions:

Set oven to 350°. Have oven rack set at the center. Line 2 baking sheets with parchment paper.

Combine the following in a bowl: Sweetened condensed milk, lime zest, lime juice, salt and the bag of coconut. stir until well blended. Beat the egg whites until very stiff in an electric mixer; about 2-3 minutes. Using a large spatula, Fold the beaten egg whites into the coconut mixture.

Set a bowl of water on your work surface and lightly dampen your hands. Roll the mixture into 2" balls and set them 2" apart. Bake each sheet for 20-25 minutes. Check them after 20 minutes. They are done when lightly golden brown around their edges and on the bottom. Remove from oven. When cool to touch, place on wire rack to completely cool.

Store at room temperature in an air-tight container. They keep for up to 5 days. The lime flavor really perks the flavor of these Macaroons for the Summer! Enjoy!

#### LEGAL PUBLICATION

### Budget Hearing

Turner Recreation Commission Budget Hearing **June 23rd, 6:00 pm** 831 S. 55<sup>th</sup> St. Kansas City, Kansas 66106.  
(First published 6-11-20)  
1t-The Record 6-11-20



## Passings...

By: Sue Reich

William (Bill) Robison Sr., age 82, passed away May 30, 2020. He was a substitute pastor at Argentine Assembly of God.



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